



SINGAPORE
KHALSA ASSOCIATION

SKA news

January - March 2012

MICA (P) 096/11/2010

President Speaks

Happy 2012! This year will be a busy year for all of us as we intend to refurbish the SKA building so that it continues to remain relevant to the community as a social, cultural and sporting hub. Inspired by the unanimous support and favorable feedback received at the AGM held in November 2011, the SKA's Building Refurbishment Committee (BRC) has been having regular discussions with the architects to review our requirements. An artist's impression of how some areas of the refurbished building could possibly look is shown in the sample photographs below. Once the BRC is satisfied with the architectural proposal and design, a briefing will be held in late March 2012 to consult the members and seek their inputs to further refine the requirements.

Youth Engagement. The SKA's Young Khalsa's success over the last two years has brought Sikh youth into the mainstream of SKA's core activities. For example, today, we have an all-Sikh Div 2 hockey team. We also plan to continue to engage the youth through interactive forums such as the "Top of the Job" Talk Series. My humble request to our youth is to let us know what else they think the SKA can do to ensure SKA continues to flourish with activities that appeal to the youth. In this regard, I would appreciate if suggestions could be sent via email to me at khalsa@singnet.com, for the Management Committee to deliberate and act on all constructive suggestions.

The Vesakhi Mela is SKA's signature event, and preparations are in full swing to make this event a memorable one which will be held on 22nd April 2012. The organizing committee is lining up a wide range of activities for the benefit of members of all ages. More information on this event will be disseminated over the next few weeks. I look forward to the continued support and participation of all members.



New Outlook of SKA



Proposed gymnasium



Members' cafe

Members' Update

SKA Life membership promotion will be extended till further notice. All Sikhs who are residents in Singapore, including Permanent Residents are eligible to become SKA Life Members at a fee of \$262.50, including GST.

SKA members will be entitled to a 5% discount on all food purchases at Tessri Manzil on Level 3 at SKA. Members must present their Life Membership card to enjoy this privilege.

SKA Members who book SKA function halls including the catering of food from the in-house caterer Riverwalk Tandoor will be given two complimentary items worth up to \$250.00 or a Sangeet-Di-Raat theme package filled with Punjabi artifacts.

GENERAL INFORMATION

VISA SERVICES TO INDIA

With effect from 1st April 2012, the application for Indian Visa will be handle by the service providers:

1. VFS (Singapore) Pte Ltd
 - a. 79 Anson Road, #15-02, Singapore 079906
 - b. 60 Rangoon Road, Singapore 218350
2. BLS International Service Limited
 - a. No 4, 09/10 The Verge No 2 Serangoon Road Singapore 218227

For entry into Pakistan via Wagah border Singaporeans need to apply for a re-entry permit at the High Commission of India in Singapore.

PATRONS

Kartar Singh Thakral
Naranjan Singh Bhrampura

TRUSTEES

Chairman
Gurdip Singh Usma
Vice Chairman
LTC (Retd) Jaswant Singh Gill
Secretary
Ajit Singh
Members
Col (Retd) Gurcharan Singh
Jagjit Singh Sekhon
Balbeer Singh Mangat
Param Ajeet Singh Bal

IMMEDIATE PAST PRESIDENT

Balbeer Singh Mangat

65th MANAGEMENT COMMITTEE

President
LTC (Retd) Charanjit Singh

Vice-President
Mohinder Singh

Vice-President
Gurrinder Singh Johal

General Secretary
Manminder Singh

Assistant Secretary
(Admin & Security)
Kuldip Singh

Assistant Secretary
(Membership)
Manmohan Singh

General Treasurer
Sukhbir Singh

Assistant General Treasurer
Gopal Singh

Chairman Sports
Sarjit Singh Sona

Chairperson Cultural
Baljit Kaur

Chairman Education
Sarban Singh

Chairman Publication
Surindar Singh

Chairman Building & Facilities
Darshan Singh

Chairperson House
Jaswant Kaur

Chairman Young Khalsa
Santokh Singh

Committee Member
DAC Kuldip Singh
Bajan Kur @ Polly Kur
Sapuran Singh
Subir Singh Grewal

Co-Opted Members
Gurdip Singh Usma
(Chairman SKA Trustees)

Kirpal Kaur
(President/Advisor SKA Ladies Wing)

Nirmal Singh Rode
Jagjit Singh Sandhu

SINGAPORE KHALSA ASSOCIATION

Opening Hours 10am - 10pm
Monday to Sunday

Tel: 62981230 / 62986206 Fax: 62924782

Email: khalsa@singnet.com.sg

Website: www.singaporekhalsa.org.sg

Bollywood Nite

Singapore Khalsa Association and Moshi Moshi Bollywood Productions were privileged to host Singapore's first ever "We Love Bollywood" glamour event on Friday, 27th January 2012.

The night featured the best in live entertainment from Singapore's Bollywood Industry comprising of entertainers from Moshi Moshi Bollywood, "Sound, Lights and Music" from Mastana Entertainment, Fashion Show by Saloni Rathor Fashions and DJs Dal and DJs Milan. Besides these eminent performers, other international artists included Lauren from Australia, who danced the night with a python, and Reema Basi, a singer from USA, whose dazzling performance kept the crowd of over five hundred guests entertained at the event. Everyone had a great time, with drinks and food generously sponsored by Pernord Ricard and Riverwalk Tandoor. The event was featured in Channel News Asia, which broadcasted in over twenty countries. SKA hopes to make this local Bollywood Industry event an annual affair.



Group photo



KP and Rishi in action



Man and ladies in action



Lightning dholi Rajay in action



Bollywood bhanga group

Khalsa Kindergarten

2012's Term I commenced on Tuesday, 3rd January 2012. As part of the induction program, various games and activities were organized to engage and immerse new pupils to settle comfortably in their classes.

The conversational Mandarin classes for the Nursery, K1 and K2 pupils started from the 2nd week with students learning greetings, common vocabulary, rhymes and songs in Mandarin.



Swimming lesson in progress

The swimming classes for the budding Khalsa swimmers had also started and weekly lessons are being conducted at Jalan Besar Swimming Complex with one coach to every 10 learner swimmers.

Field trips which are part of the lessons' theme for the Learning Journey's program are being organized for the pupils this term. The Nursery pupils will be visiting the Explorer Kids, K1 pupils to the Health Zone, K2 pupils to the Science Centre, and not forgetting the little ones from Pre Nursery who will be visiting the Central Sikh Temple.

Term 1 school break starts from 12th March to 18th March 2012.



Activity:
Base learning



What's New!

SKA is planning to conduct a series of monthly outdoor activities organized by the newly formed sub-committee called "SKA Adventure". The outdoor activities planned include cycling, trekking, canoeing, qigong, light farming and camping. The Convenor, Malvinder Singh Bandal, would like to invite the Sikh community to participate in these fun-filled activities in pursuit of a healthy mind, body and soul as promoted by the Great Guru Gobind Singh Ji. We hope that these activities will provide another dimension to SKA, extending the benefit of being a Life Member.

Cycling will be the first activity to be scheduled on Saturday, 17th March 2012. This will be followed by barbeque at Pasir Ris Beach. Life Members and their families are eligible to participate at a cost of \$10 per participant. Interested participants are to submit their names to SKA Admin (Tel: 62981230), quoting their membership numbers.



SKA Ladies Wing

Chair Yoga

Over the last seven years, the Ladies Wing has planned and organized many community based events, with Chair Yoga being our crowning glory, held for the last five years. The program is designed for the benefit of middle aged women to bring awareness to their well being and to motivate them to take an interest in their health, wealth and happiness. It also prepares them to age gracefully by adopting and maintaining positive health enhancing behavioural changes to their lives. We would like to take this opportunity to thank all the trainers for their time, effort and contribution to the success of the program.

To further enhance the program, we are inviting professional and qualified trainers from One Wellness Fitness Club to conduct seven out of the twelve lessons this term. We hope many of you will take advantage of this arrangement. You may register for this course at:

Venue : **Khalsa Dharmak Sabha (Level 2)**
No 18 Niven Road;

Date : **23rd February 2012;**

Time : **11.00 – 12.15pm**
Registration on 23rd February 2012 from 9 to 10.30am

Note : *Please bring along your NRIC and payment of \$35/- for the 12 lessons*

No refund for any missed lessons will be made.

For more details, call Gurmit 94777114 or Kirpal 98251514.



Chair yoga enthusiast

Our next major event is the International Women's Day

INTERNATIONAL WOMEN'S DAY 'SHAWA PUNJABANEY & PARWAR

Sunday, 11th March 2012

Warm-up: 8.00am – 8.40am

Bhangra Aerobics & Games: 8.30am – 11.00am

Registration fees - \$10.00

Participants
who register will
receive goodie
bags!

Aims:

1. To provide opportunities for all Sikh women to understand the benefits of exercise.
2. To encourage inter-generation bonding.
3. To enhance bonds amongst family (Parwar) and friends.



SKA Ladies Wing committee members attended a TEAMWORK AND COMMUNICATION seminar on 10th December 2011, conducted by Mrs. Padma Sasidaran, a school counselor. The workshop provided an excellent opportunity for the Committee to reflect, self-check and do soul searching on the mission and vision of the Ladies Wing and the needs of the members.



Focused participants at workshop



Token of appreciation

... Together
we can make a
difference...



Shawa Punjabaney 3RD LADIES NITE OF GIVING Charity Dinner

Date/Day: 19th May 2012, Saturday

Venue: SKA, Level 2

Time: 7.00pm

Charity ticket: \$50/-

Diamond Table: \$1,000/-

Theme: **RANGEELI SHAAM**

Be entertained by Ramgarh Girls' College Cultural Troupe from Ludhiana, Punjab, with traditional Punjabi dances and a skit!

Our aims:

- ✓ To promote Punjabi culture
- ✓ To provide an opportunity to let your hair down with friends
- ✓ To do our part for the less privileged, namely Children's Charities Association

Lohri 2012

This year's Lohri event was celebrated on 15th January 2012 with much pomp and zeal. This joyous occasion was attended by about six hundred ladies. Lohri is usually celebrated by families with new brides and bridegrooms as well as families who are blessed with newborns. Many people believe the festival began as a celebration of the eve of the winter solstice.

One of the performance highlight for the evening was that by a group of children. The performance included a scene where the children went door to door singing songs in praise of Dulha Bhatt, "a thief who helps the poor and fights for their rights". For their effort put into the performance, the children were rewarded with "gajak, til bhunga, moong phalli gur, and rewri" (sweetmeats).

The bonfire was lit at 5.30pm with everyone gathered around. As the flames leaped with fury, the ladies threw "mundhies" (sesame seeds) into the fire while singing the following verses:

*"Let purity come, dirt depart
Dirt can be uprooted and its roots cast in fire*

*Aadar aye dilader jaye
Dilader dijar chulae paye"*

Bhangra, gidda and light-hearted flirtation reined and all the ladies had a good time and enjoyed the hearty dinner.



Bhangra performance by our juniors



Giddha ladies in action



Birds eye view of Lohri celebrations



Bonding



Ladies swinging away

SKA LADIES WING

Vision *Mission*

A community of vibrant and empowered ladies with a global outlook and yet rooted in their cultural heritage

- Provide opportunities for Sikh ladies to have a platform for social interaction so as to enhance the bonds and cohesive spirit amongst them
- Showcase and encourage participation in cultural activities so that there is greater awareness of our cultural heritage
- Enhance and equip ladies with life skills that will promote self-fulfillment and a sound family culture

SKA ACTIVITIES • 2012

JANUARY	15	LADIES WING LOHRI
FEBRUARY	25	3 RD YOUNG KHALSA SPORTS DAY
MARCH	2 & 3	8 TH ASIA PACIFIC SIKH GOLF TOURNAMENT
	11	LADIES WING INTERNATIONAL WOMEN'S DAY
	17	CYCLING & BBQ @PASIR RIS BEACH
	25 March to 15 April	9 TH YOUNG KHALSA SOCCER LEAGUE
APRIL	20	VESAKHI GOLF
	22	VESAKHI MELA
	30	VESAKHI MELA THANK YOU DINNER
MAY	19	LADIES WING CHARITY DINNER
JUNE	7 - 10	61 ST GURDWARA CUP (SELANGOR)
	22	GURDWARA CUP APPRECIATION DINNER
JULY	<i>To be confirmed</i>	BMS GOLF TOURNAMENT
AUGUST	5	LADIES WING TEEYAN
SEPTEMBER	-	-
OCTOBER	14	LADIES WING CHILDREN'S DAY PARTY
	26	SKA 66 TH AGM
NOVEMBER	4	KHALSA KINDERGARTEN 20 TH GRADUATION DAY
	23	SKA DIWALI D & D
DECEMBER	1	LADIES WING D&D FOR YOUTHS