



SINGAPORE
KHALSA ASSOCIATION

SKA news

July - September 2012

MICA (P) 135/11/2011

FROM THE PRESIDENT'S DESK

As I stated in my speech at the Vesakhi Mela 2012, we are embarking on the refurbishment of the SKA building in order to meet our members' future needs and to remain a sporting, cultural and social hub. We anticipate the renovation to be completed in the next two to three years.

In May 2012, a briefing was held to consult the leaders of our Sikh Institutions and seek their feedback on the proposed refurbishment plans for the SKA building. Based on their feedback, the plans are being revised with the aim of ensuring that the requirements to conduct core activities for SKA members are fulfilled. Also, the relevant government agencies have been engaged concurrently to seek clarity on the potential of SKA's land lease renewal. I would also like to seek your feedback on the refurbishment plans and will appreciate if you could complete and submit the enclosed survey form by 30th September 2012.

The management has readily agreed to the SKA hockey fraternity's request for a dedicated hockey pitch for our hockey teams. This is in alignment with SKA's goal to attain the status of a premier hockey club and to promote hockey among our youth. The hockey pitch will be ready by the end of September 2012, with a grand opening planned for late October or early November 2012.

I would also like to take this opportunity to explain the rationale behind the increase in rental rates of the function halls from 1st July 2012. This painful decision had to be taken due to the escalating operating costs, in particular the increase in utility charges over the years. Since the last revision of rental rates in 2005, the utility charges have gone up by about 37%. Even with this increase, the SKA's revised function hall rental rates are competitive and are in fact lower in comparison to the rates charged by other associations within our vicinity. SKA Life Members are entitled to a discount of approximately 35% for the booking of SKA function halls.

Please take some time to complete the survey for the SKA Building Refurbishment Plans, and we look forward to your responses.

Till the next newsletter.

LTC (Retd) Charanjit Singh

Development of Hockey Pitch @ SKA



Members' Update

SKA Life membership promotion will be extended till further notice. All Sikhs who are residents in Singapore, including Permanent Residents are eligible to become SKA Life Members at a fee of \$262.50, including GST.

SKA members will be entitled to a 5% discount on all food purchases at Tessri Manzil on Level 3 at SKA. Members must present their Life Membership card to enjoy this privilege.

SKA Members who book SKA function halls including the catering of food from the in-house caterer Riverwalk Tandoor will be given two complimentary items worth up to \$250.00 or a Sangeet-Di-Raat theme package filled with Punjabi artefacts.

PATRONS

Kartar Singh Thakral
Naranjan Singh Bhrampura

TRUSTEES

Chairman
Gurdip Singh Usma
Vice Chairman
LTC (Retd) Jaswant Singh Gill
Secretary
Ajit Singh
Members
Col (Retd) Gurcharan Singh
Jagjit Singh Sekhon
Balbeer Singh Mangat
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IMMEDIATE PAST PRESIDENT

Balbeer Singh Mangat

65th MANAGEMENT COMMITTEE

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LTC (Retd) Charanjit Singh
Vice-President
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General Secretary
Manninder Singh
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Sarjit Singh Sona
Chairperson Cultural
Baljit Kaur
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Sarban Singh
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Surindar Singh
Chairman Building & Facilities
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Jaswant Kaur
Chairman Young Khalsa
Santokh Singh
Committee Members
DAC Kuldip Singh
Bajan Kur @ Polly Kur
Sapuran Singh
Subir Singh Grewal
Co-opted Members
Gurdip Singh Usma
(Chairman SKA Trustees)
Kirpal Kaur
(President/Advisor SKA Ladies Wing)
Nirmal Singh Rode
Jagjit Singh Sandhu

SINGAPORE KHALSA ASSOCIATION

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61st GURDWARA CUP - SIKH FESTIVAL OF SPORTS 2012

The 2012 Annual Malaysia-Singapore Sikh Sport Council Games were held in Selangor from 6th June to 9th June 2012. The Singapore contingent led by Gopal Singh, together with Chairman Sports, Sarjit Singh Sona, consisted of 106 sportsmen and sportswomen, who participated in the Hockey Junior and Senior, the Soccer Junior and Senior, Netball and Golf events.

The results were as follows:

• Hockey Junior	Third	• Hockey Senior	Fourth
• Soccer Junior	Third	• Soccer Senior	Fourth
• Netball	Runners-up	• Golf	Runners-up



Congratulations to the participants who were graciously honoured at an Appreciation Dinner on 6th July 2012.



Prayers before departure



Singapore's Representatives



Netball queens

CAUSEWAY CUP

The hockey match for the Annual Causeway Cup between Singapore Sikhs and Johor Sikhs was held on 9th May 2012 in Johor Bahru. The SKA's combined teams of junior and senior Sikh hockey players, with an average age of 22 years, represented the Singapore Sikhs.

During this highly competitive and entertaining match, the Johor Sikhs led by 2-1 in the first half. However, under the able captainship of Sukhwinder Singh, the Singapore Sikhs came back strongly to level the score in the second half to 2-2 and went on to win the Causeway Cup on penalty flicks.

At the prize giving reception Datok Dr Harjit Singh, President of the Johor Sikhs Sports & Cultural Club and DAC Kuldip Singh presented the prizes to the winners and runners-up respectively. The Causeway Cup trophy is proudly displayed at SKA for another year.



Rocking the hockey ball

TESSENSOHN KHALSA ROVERS

Last season, Tessensohn Khalsa Rovers narrowly missed being promoted to Division 1. The team is aiming to finish as runner-up for the 2012 season which started in April 2012. Their commitment and high spirits have seen them winning the initial games, but some of the results since then have not gone their way. With five more games left to play, it looks like it is going to be down to the wire with the team needing to unseat Sporting Westlake from its second position. With their 'do or die' attitude, the team remains confident of finishing as the runner-up in the league. We wish the team success in their upcoming games.



Soccer Rovers

HOCKEY IS BECKONING

Hockey is undoubtedly a rich sport which is slowly losing out in support and interest due to the growth of other sports. Here at the SKA, we are promoting hockey among Sikh youth with the aim of making the SKA a premier hockey club.

The Khalsa Division 2 Hockey team currently consists of twenty Sikh and three non-Sikh players. Training is held once a week in the evenings, either at Delta Hockey Stadium or at Co-Curricular Activities Board (CCAB) Hockey Pitch. This is in preparation for the Singapore Hockey Federation Division Two Games which will be held over the next two months.

The average age of the players in the team is twenty-one and many of the players started playing hockey only recently. Under the guidance of our coach, Paramjeet Singh and manager, Manminder Singh, some of our players made such remarkable progress that they were selected to represent SKA in the Annual Gurdwara Games, which is a remarkable achievement.

The SKA invites anyone who is interested in hockey regardless whether one is a novice, a seasoned player, or even someone who has not held a hockey stick previously to attend the training sessions. Our dedicated coach, manager and senior players will train and guide each one of you to reach your fullest potential with your commitment and dedication.

This is another opportunity for you to make new friends and network with people from different age groups and backgrounds. Family members are encouraged to support the players during the training sessions.

Be not just ordinary members of the Sikh community but the Hockey Players of Team Khalsa. Please contact coach, Paramjeet Singh @ 9823 1570 or the manager, Manminder Singh @ 9757 4256.



Hockey stalwarts

SKA Ladies Wing ... Together we can make a difference...

The Singapore Khalsa Association Ladies Wing held its 3rd Ladies Nite of Giving on 19th May 2012 with a Charity Dinner to raise funds for the Singapore Children Society and Singapore Sikh Welfare Council. The Guest-of-Honour for the dinner was Ms Indranee Rajah, the Honourable Member of Parliament, Tanjong Pagar GRC. The students from Ramgarhia Girls College (RGC) Dance Troupe, who were on a cultural exchange programme in Singapore, performed at the dinner.

The RGC Dance Troupe also performed at "An Evening of Punjabi Cultural Songs & Dances" on 20th May 2012 to an audience comprising students from the Sikh Education Foundation and SKA members.



Cultural Troupe from India



Ladies Wing gathering



Cheque presentation



CHAIR YOGA

Launched in 2007, the Chair Yoga is in its sixth year and participation remains high. The classes which are conducted by a trained instructress from the "One Wellness Yoga Centre" are held weekly on Thursdays from 11.00am to 12.30pm at Khalsa Dharmak Sabha.

One of the spin-off activities organized for the participants was a visit to the Singapore Botanical Garden and the Spice Garden.



Chair Yoga participants



TEEYAN

The SKA Ladies Wing organised Teeyan on Sunday 5th August 2012. Teeyan is a women's dance festival of Punjab celebrated in the month of Sawan (Monsoon) through folk songs and 'Giddha' dance. The ladies dress in their best costumes, decking themselves with beautiful ornaments for the festival.

This year's event was very well received with around two hundred fifty ladies attending. All participants received door gifts which included bangles, 'bindhis' and 'Gurbani' CDs. The ladies enjoyed themselves by singing the folk songs, dancing and participating in the games. They were entertained by dance performances from the Ladies of the Punggol Group, Mighty Khalsa and the

Komal Group Ladies, most of whom also participated in the 'Boliyan' and 'Giddha' performances.

Donations were also collected for the forthcoming Children's Day event planned for 6th October 2012 at the Rama Krishnan Mission Home.



Singing session



Door gifts



Giddha in progress

SKA LADIES WING

Vision A community of vibrant and empowered ladies with a global outlook and yet rooted in their cultural heritage

- Mission**
- Provide opportunities for Sikh ladies to have a platform for social interaction so as to enhance the bonds and cohesive spirit amongst them
 - Showcase and encourage participation in cultural activities so that there is greater awareness of our cultural heritage
 - Enhance and equip ladies with life skills that will promote self-fulfillment and a sound family culture

COMING ATTRACTIONS

- Chair Yoga



- **Children's Day** - Sun, 6th October 2012
Venue: Ramakrishna Mission Boys Home.

- Activities:
- Games
 - Bhangra by Mighty Khalsa Group
 - Magic show/ Clowns
 - Colouring contest

KHALSA KINDERGARTEN

The Annual Swimming Open House was held on 24th July 2012 at the Jalan Besar Swimming Complex. About a hundred and fifty children from K1 and K2 participated in the open house, showcasing their swimming skills to two hundred supportive parents.

The Learning Journey for this semester took the children to various places, according to the themes of their classes. The Nursery and Pre-Nursery classes went to the Underwater World in Sentosa; the K1 classes went to the Canadian Pizza Kitchen and the K2's visited the Butterfly Park and Insect Kingdom at Sentosa. The learning journey forms part of experiential learning to enable the children to learn and reflect through direct contact.

Khalsa Kindergarten celebrated National Day on 8th August 2012. The children

who were dressed in red and white, started the celebrations by singing the National Anthem and reciting the Pledge. The K2 children performed a skit, "Who founded Singapore", and each class presented an item by singing and dancing to the tune of a local Singapore song.



Our future



SKA ADVENTURE

The 'SKA Adventure' is a community which was formed in February 2012 for SKA members and fellow Sikhs to participate in outdoor activities which promote fun and networking across all age groups. Since its inauguration, a number of activities have been held, with the first being cycling, followed by a barbecue at the Pasir Ris Beach and Park on 17th March 2012. On 2nd May 2012 trekking was held at the MacRitchie reservoir, along the 3 km cross-country 'Petai Trail' route leading to a board walk. On 7th July 2012, the group also represented SKA in the Racial Harmony walk at Marina Bay. Recently, the group hired six dual-seat kayaks and rowed in the pristine waters of MacRitchie reservoir on 21st July 2012.



An average of fifteen persons of different age groups participated in each event. We desire to increase the participation in future events. Your suggestions are welcome. Please contact the convenor, Mr Malvinder Singh Bandal, at Tel: 83222561 with your feedback and recommendations.



Activities for the upcoming months are shown in the table below. Please note that food and light refreshments will be provided at all events. SKA members and non-members who are interested may register their interest with SKA Office at Tel: 62981230 or 62986206.

Date	Event	Location	Fee Member	Fee Non-Member
Sep 2012	Qigong	MacRitchie Reservoir	Free	\$5
Oct 2012	Hill Climbing	Bukit Timah Hill	Free	Free
Dec 2012	Trekking (Prunus Trail) followed by Kayaking	MacRitchie Reservoir	\$5	\$10



Snapshots of adventure activities

SKA ACTIVITIES - 2012

SEPTEMBER	30	KHALSA KINDERGARTEN 20TH GRADUATION CEREMONY
OCTOBER	6	LADIES WING CHILDREN'S DAY PARTY
	26	SKA 66 TH AGM
NOVEMBER	16	SKA DIWALI D & D
DECEMBER	-	-